

# GREAT VIC BIKE RIDE 2024

## ALLTRAILS ACCOMMODATION PACKAGE



### WODONGA TO HEALESVILLE VIA BEAUTIFUL NORTHEAST VICTORIA

### The AllTrails Package

Our accommodation and support package is purchased separately to your entry into the Great Vic Bike Ride event.

This year's route is in Northeast Victoria from the NSW border at Albury/Wodonga, through to Healesville. The journey will take you through one of Australia's most popular cycling regions in the Victorian High Country, with roads surrounded by National Parks and natural beauty. This region has been building its reputation as a cycling destination for all styles of riding and all types of riders – when you get here, you'll understand why. Charming ski-resort towns by winter provide excellent summer vibes for this ride, before the route drops down into the stunning Yarra Valley, with all the famous food and wine that it has become renowned for. Expect incredible scenery, top accommodation, tasty local produce, a well-run event, and of course good company. See page 4 for map and route.

AllTrails have been working with Bicycle Network, running this accommodation package on the Great Vic Bike Ride since 2005. The 'Great Vic' is a legendary week-long cycling holiday where a few thousand riders camp in footy ovals and community parks as they discover a new part of Victoria every year. For those who love the event but prefer not to camp, the AllTrails Package offers comfortable beds each night and a more intimate group setting where it's easy to get to know your fellow cyclists. You get all the benefits of the amazing event, with a few added luxuries that make the week even better...

- Accommodation and Breakfast: Quality accom to help you rest easy after your day's ride.
- Comfort: If you prefer not to camp with the crowds hoping for perfect weather.
- Transport between the event campsite and accommodation where required.
- Luggage Transfer: Carefully handled directly between motels each day.
- Massage: Trained massage therapists included to work on those tired legs and bodies.
- Private Bike Mechanic: Not just for repairs! Tune-ups, bike-fittings, hints and tips.
- Small Group Intimacy: All the benefits of the big event, but part of a smaller, friendly group.
- Good Old-Fashioned Service: The AllTrails crew really do look after you!
- Satisfaction: Approximately 75% of places each year are taken by past clients.

## The Package at a Glance

**Dates:** Sun 24 Nov – Sun 1 Dec 2024 (plus optional pre-ride night on Sat 23 Nov)

**Duration:** Full ride: 7 nights plus optional pre-ride night (3 and 4 night options also available)

**Distance:** 500 km

**Average Daily:** 72 km

**Bike Type:** Road Bike, Hybrid or E-bike

**Accommodation:** 3 to 4 star motels and hotels

**Meals:** Daily breakfasts and afternoon tea provided (lunch and dinner also included in event fee)



### Room with a View

Relax after a day on the bike with a view like this



### Camaraderie Dinners

Twice during the week, we arrange an optional group dinner

## How it Works

Wake up every morning in your comfortable bed, enjoy breakfast at your motel before heading out on the day's ride. The AllTrails crew will transfer your luggage directly to your next accommodation ready for your arrival.

After you have completed your day's challenge on the Great Vic Bike Ride, relax upon arrival at your motel, enjoy afternoon tea by the hotel pool and perhaps have our bike mechanic look over your bike for a few tips or minor adjustments that could improve your ride. Why not take up the services of our massage therapists? A few short massages during the week can work wonders to help your body with recovery.

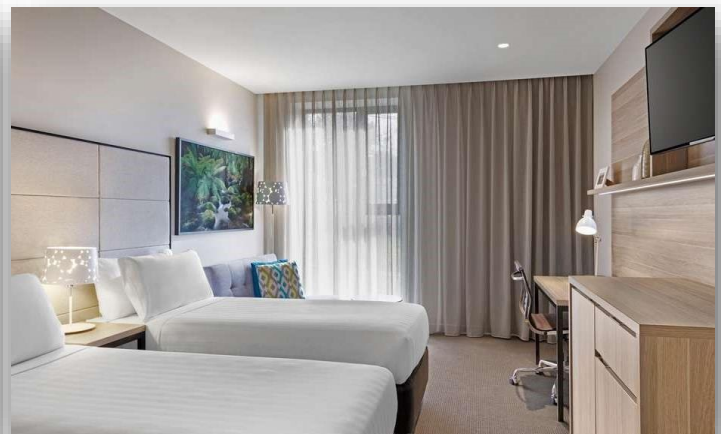
All of these services are included as part of this support package, not to mention the social interaction and camaraderie that is always a highlight. In the evenings we take the AllTrails bus back to the event campsite for the nightly dinner and entertainment, while many cyclists go out together for a meal at a local restaurant with new-found friends or old cycling buddies. A couple of times during the week AllTrails will arrange an optional group 'camaraderie dinner' where our AllTrails group sit down for a pre-arranged meal and get to know each other better.

**All the benefits of the big event, and still part of a smaller, friendly group.**



### Great Facilities

Anyone for a swim?



### Quality Accommodation

Sometimes in the campsite town, sometimes a short drive

## Pricing and Payment Information

Booking AUD	Until 30 Jun	Until 30 Sep	After 30 Sep
<b>Wodonga to Healesville 7 night pkg (+ optional pre-ride night)</b>			
Twin share	\$3090 pp	\$3190 pp	\$3240 pp
Single room	\$3880	\$3980	\$4030
<b>Wodonga to Mansfield (4 night pkg) (+ optional pre-ride night)</b>			
Twin share	\$1840 pp	\$1890 pp	\$1940 pp
Single room	\$2290	\$2340	\$2390
<b>Mansfield to Healesville (3 night pkg)</b>			
Twin share	\$1480 pp	\$1530 pp	\$1580 pp
Single room	\$1820	\$1870	\$1920

### Travelling on your own

Early bookers can book a twin share package and we will partner you up with somebody else of the same gender travelling on their own. This offer closes on 23 Sep – after this date contact us to see if we can match you, if not the single room price will apply.

### Included:

- All accommodation
- Afternoon teas
- Daily luggage transfer
- AllTrails cycling jersey
- Massage therapists (10 min each, every 2-3 days)
- Daily breakfasts
- Private bike mechanic
- Transfers between accom and event campsite

Note that your Great Vic Bike Ride event entry fee is NOT included and must be purchased separately.

You must book in with [both AllTrails and Bicycle Network](#).

### Optional Extras:

Pre ride accommodation Sat 23 Nov (incl breakfast):

\$205 - one person in a room | \$230 - two people in a room

*This is the night before the ride begins and is not included in the package price although most cyclists book it. It is sold separately.*

AllTrails Coach Transfer, Melbourne to ride start:

Cyclist, luggage and bike. Sat 23 Nov only. \$TBA pp

AllTrails Coach Transfer, ride finish to Melbourne:

Cyclist, luggage and bike. Sun 1 Dec only. \$TBA pp

Group Camaraderie Dinner #1 Wangaratta: Mon 25 Nov \$TBA pp

Group Camaraderie Dinner #2 Mansfield: Thu 28 Nov \$TBA pp

Soft, FOLDABLE bike bag carriage: \$25

Hard case or un-foldable bike bag carriage: \$50

Note: Long Term Car Parks (LTCP) will be available at each finish line. You can drive to the end of the ride and catch a Bicycle Network bus from the LTCP to the campground at start of the ride. We will come collect you from there and take you to your accommodation.

### Payment Schedule:

- Deposit upon booking (\$400)
- Progress Payment 30 days after deposit (40% of package cost less deposit paid)
- Balance 24 Sep 2024 (2 months before the ride begins)

### Package Options

#### 7 Night Package

Our full package gives you accommodation from Sunday to Saturday night inclusive. It does not include pre-ride accom on Sat 23 Nov but you may book that as an optional extra if you wish (most do).

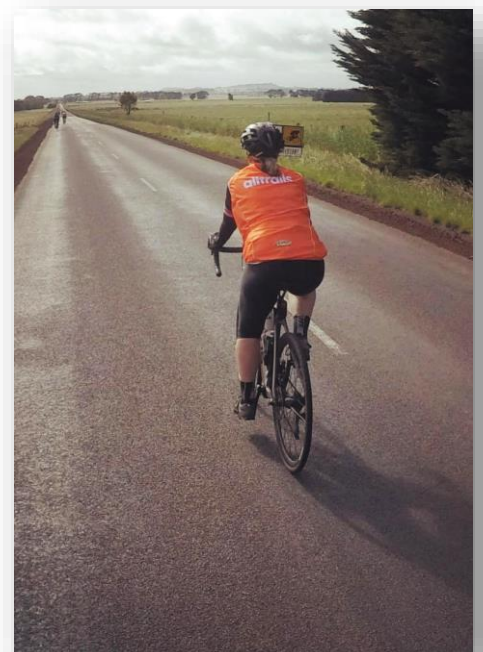
#### First 4 Nights Package

For those cycling Wodonga to Mansfield. It does not include pre-ride accom on Sat 23 Nov but you may book that as an optional extra.

This package does include 1 night in Mansfield which can be swapped for the pre-ride night in Wodonga if you don't need a night in Mansfield.

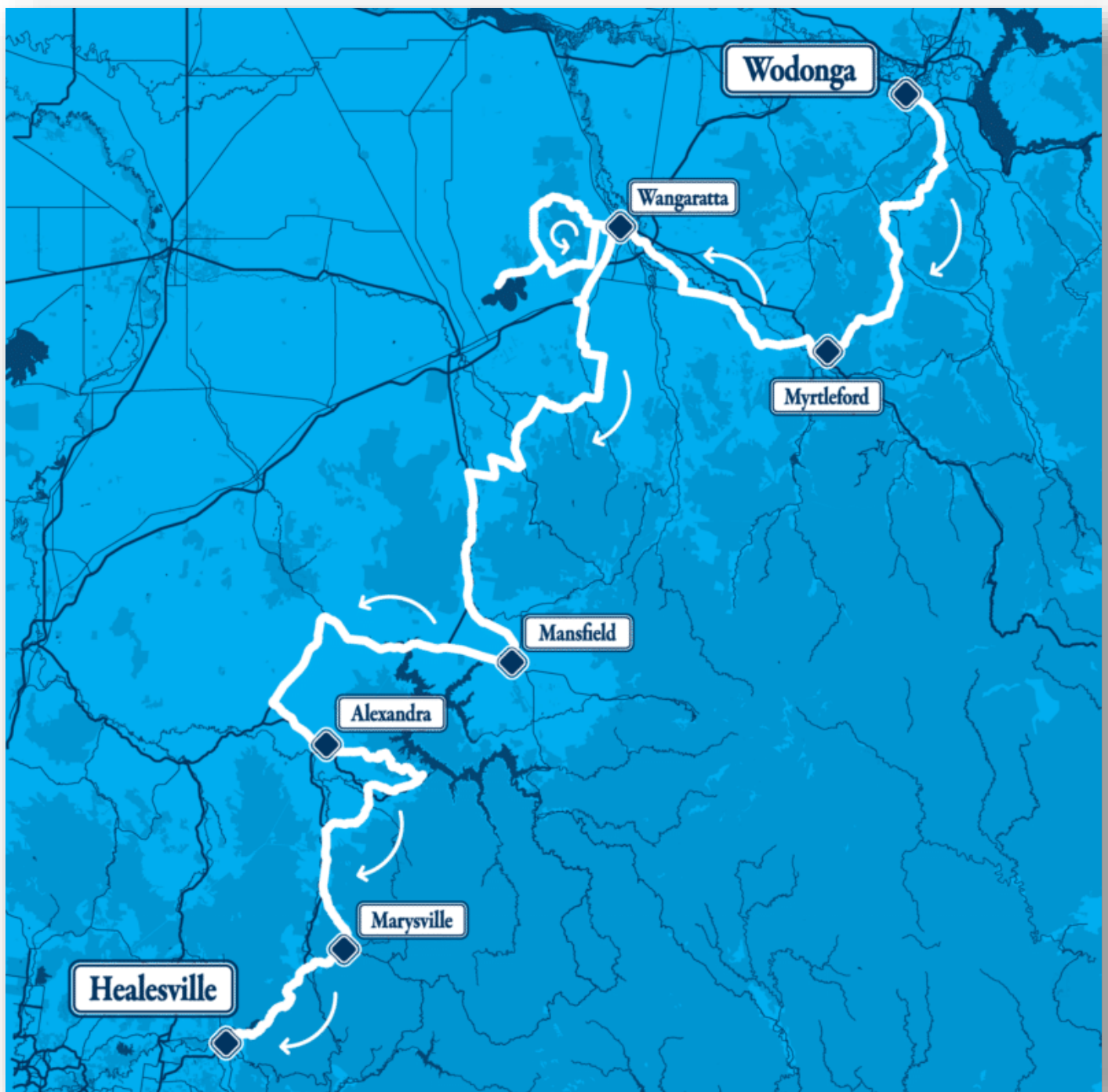
#### Last 3 Nights Package

For those cycling Mansfield to Healesville. Includes 1 night in Mansfield before the ride.



# Great Vic Bike Ride Route

Event Itinerary	Distance	Date
Arrival Day Wodonga	NA	Sat 23 Nov 2024
Wodonga to Myrtleford	67km	Sun 24 Nov 2024
Myrtleford to Wangaratta	52km	Mon 25 Nov 2024
Wangaratta loop ride	81km or 60km	Tue 26 Nov 2024
Wangaratta to Mansfield	110km	Wed 27 Nov 2024
<b>Mansfield Rest Day</b>	NA	Thu 28 Nov 2024
Mansfield to Alexandra	73km	Fri 29 Nov 2024
Alexandra to Marysville	73km	Sat 30 Nov 2024
Marysville to Healesville	34km	Sun 1 Dec 2024
<b>Total Distance</b>	<b>501km</b>	
<b>Average Daily</b>	<b>72 km</b>	



## Day-to-Day

### Sat 23 Nov | Wodonga (arrival day)

**Day 1.** For those who have booked transport to the event with AllTrails, our bus will depart Melbourne approx 8am bound for Great Vic! (exact time TBC). For those travelling to the ride start by other means of transport (Bicycle Network buses, private vehicles etc), we will arrange to collect you from the campsite and take you to AllTrails accommodation. Note that our AllTrails package briefing will be on Saturday afternoon at our accommodation approx 3pm (TBC) and we require all cyclists to attend that briefing. Please make sure today that your bike is prepared for cycling as we will not have time tomorrow morning for assembly. Today we will run bus transfers to/from camp for registrations and collecting riders. Tonight, we will run a bus transfer back to camp for dinner so that you can soak up the atmosphere and excitement of the event site before the ride begins tomorrow. Of course, you are welcome to have dinner close to our accom, with plenty of options close by – you may even meet up with some other AllTrails cyclists heading out for dinner – they are a friendly bunch.

### Sun 24 Nov | Wodonga to Myrtleford (67km)

**Day 2.** After breakfast it's time to begin. With fresh legs, you'll kick off the 40th year celebrations with a stunning ride to Myrtleford. Featuring rolling hills, valley views and a stop in Yackandandah, a charming crafty town known locally as "the Yack," it will be impossible to keep the smile off your face the entire ride. Myrtleford is nestled in a picturesque valley known for its Italian heritage, cellar doors, local produce and gourmet cafes and restaurants to experience. Once the day's riding is done you can ride to your accommodation and settle in. Your afternoon tea will be waiting for you and we will have our bike mechanic available to help out with any mechanical issues or tune-ups and our massage therapist set up to take care of any tune-ups required on the body. Tonight you can head back to the event campsite for dinner or check out one of the local restaurants.

### Mon 25 Nov | Myrtleford to Wangaratta (52km)

**Day 3.** A hearty breakfast to fuel the tank and we are back in the saddle for your second day of riding exploring more of the region known for its mesmerising valley views and fine food and drink. Your legs will appreciate today's much flatter ride and your tastebuds will enjoy a stop in Milawa to sample some of the local produce (did someone say cheese and wine?) before pedalling on to Wangaratta. Our home for the next two nights is nestled at the convergence of the Ovens and King Rivers and boasts an array of attractions easily accessible by foot from camp and from our accommodation. The city's vibrant scene includes a variety of shops, modern cafes, bars, galleries, and an arts precinct, all set against a backdrop of picturesque parks, gardens, and charming historic landmarks. Ride straight to your accommodation at the end of the route where afternoon tea will be waiting, as will our massage team and bike mechanic. Tonight we will hold the first of our optional Group Camaraderie Dinners - a great way to start the week, meeting up with old friends and gaining a few new ones. This means that there will be no dinner transfers to camp tonight however those keen to do their own thing are welcome to make their own way to the event campsite for dinner or to explore other cuisine offerings in Wangaratta - there is plenty to discover.

### Tue 26 Nov | Wangaratta loop ride (81 or 60km)

**Day 4.** That's right – today is a loop day! This year, you can choose your own adventure with two route options. Make your way through the Warby Ovens National Park with a few pinchy, rolling hills along the way. Enjoy the quiet roads and quintessential Australian scenery before deciding if you want to ride the extra kilometres to get a stunning view of the Winton Wetlands. All roads lead back to Wangaratta and back to your accommodation where afternoon tea is waiting. Have you had a massage yet? If not, make sure you put your name down on the massage list this afternoon after you arrive. We encourage everyone to have two or three massages during the week. Tonight, we will run a bus back to camp for dinner for those keen to go check out the atmosphere around camp.



## Day-to-Day cont...

### Wed 27 Nov | Wangaratta to Mansfield (110km)

**Day 5.** It's challenge day! At a whopping 110kms, day five is one of the furthest rides the Great Vic's had. This may sound daunting but we know you're up for the challenge on the last day before rest day. Weave through small country towns like Lurg, Tatong, Swanpool and Lake Nillahcootie en-route to Mansfield with plenty of spots to rest along the way. Mansfield is a nature lovers' paradise located alongside the impressive Lake Eildon. Soak up the Alpine scenery as the local community of Mansfield welcomes the Great Vic family for the next two nights. While you are cycling, AllTrails will transfer your luggage to your new accommodation where it will be waiting for you upon arrival along with your afternoon tea. Why not relax around the hotel or the pool with a well-deserved beverage as the sun goes down. Camp is a short ride away for those who wish to have dinner there, or you may wish to source your own dinner at a local restaurant with some of the other AllTrails riders. It's a rest day tomorrow, so unwind.

### Thu 28 Nov | Mansfield (Rest Day)

**Day 6.** For those on the 'First 4 Nights' package, unfortunately your time has come to an end, but we welcome the 'Last 3 Nights' cyclists to our package today. For our 7-nighters, the rest day is your chance to see everything that Mansfield has to offer or just relax and revitalise your body. We will have massages available for three hours in the morning at our accommodation and there are lots of activities and things to do around town and at the event campsite to fill in your day. Mansfield has a big heart and plenty to offer for everyone on rest day. If you're feeling adventurous, you can take a day trip to Mount Buller, explore Lake Eildon, or take to the skies on a helicopter tour. If you're looking to stick closer to town, Mansfield has plenty of local shops, activities and historical buildings to explore, including golf, an art trail, walks, parks & gardens, wineries and distilleries and Mansfield Zoo. Tonight we will have the second of our Group Camaraderie Dinners – a great chance to welcome those just joining us for the last 3 days and celebrate your GVBR adventure with fellow AllTrails cyclists. We will not be taking transfers back to camp, but you are welcome to ride to the campsite or eat locally if you do not wish to join the group dinner.

### Fri 29 Nov | Mansfield to Alexandra (73km)

**Day 7.** It's time to hop back on the bike for a 73km ride alongside the Great Victorian Rail Trail to Alexandra. On your way, enjoy picturesque views of Lake Eildon and pedal across the Glad Phillips Bridge into Bonnie Doon where you can rest your legs and enjoy the serenity. Alexandra embraces small town life, with tree-lined streets and local arts and crafts, perfectly situated along the Great Victorian Rail Trail near Lake Eildon, the Goulburn River Valley and state forests. Some of the group will be in town but with limited accommodation here, most cyclists will be transferred to the nearby town of Thornton for our overnight accommodation. Once again, our bike mechanic will be available and if you haven't had a massage yet, make sure you put your name down. Dinner is available at our Thornton accommodation tonight, or transfers will be available for those who want to head back to the campsite.

### Sat 30 Nov | Alexandra to Marysville (73km)

**Day 8.** Day eight is sure to be a memorable one. A pedal uphill out of Alexandra is rewarded with more incredible views over Lake Eildon. Make sure to stop for a photo before cruising downhill to Eildon itself. After a break, you will meander your way along the Goulburn River, continuing along Gould Memorial Drive past sites like the Cathedral Ranges before reaching the town of Marysville, our destination for the final night of Great Vic 2024. Marysville is surrounded by natural beauty with lush forests, impressive waterfalls and native wildlife. 15 years on from the Black Saturday bush fires which devastated the town, the resilient community has rebuilt and is ready to welcome riders and your support. Tonight we enjoy a beautiful, contemporary hotel right in the centre of the township complete with tennis court, swimming pool and gym (won't be needing that at this stage of the week!). Dinner is available tonight at our accommodation's great restaurant, or make your way to the campsite for the final night of festivities.

### Sun 1 Dec | Marysville to Healesville (34km)

**Day 9.** Your last day in the saddle! You'll head to the final start-line departure after breakfast which will be full of energy and excitement as an incredible week comes to an end. Today's spectacular ride includes a rare opportunity to ride the picturesque Black Spur car-free. You will be transported to another world, as you travel along its twists and turns among the iconic tall mountain ash trees and ferns. Emerging from this breathtaking wonderland you will arrive at the Healesville finish line as our 501km journey comes to an end. AllTrails will meet you at the end of the ride with our mechanic available to assist packing bikes away, then head back to Melbourne on our bus or go your own way.

## What has been said about previous years

*Thank you all so much for AllTrails adding such value to my GVBRide. It was good to meet you and finally taste the AllTrails experience after all these years. As a 'senior citizen' I was delighted to be able to access the AllTrails Luxury package... the package you put together was varied and most enjoyable. Having my own bedroom, toilet and shower (without queuing) was sublime. And where a bath was available it was truly luxurious. Each arvo I would crank up the aircon and, having washed my cycling kit, leave it to dry in my snug nest..I don't believe that I could do that in a tent... So thank you for your fine blend of administrative and organisational skills combined with plain old hard work and cycling smarts. It gave me a seamless worry free tour knowing that all the details would be taken care of by AllTrails, whether it be the bus pick ups from the end of the ride to my motel and vice versa, the AllTrails bike corral, the afternoon teas, massages... and friendly personal support. I have already booked my place on the package for next year so that is a fine endorsement... a returning client who received service beyond expectations! **Jeremy T***

*A big THANK YOU for a wonderful experience during the Great Vic bike ride. Your devotion to details of every aspect is superb. Especially loved the sag wagon on those rainy days. Jo, I was wondering if you wouldn't mind sending me the recipe for that yummy slice you made for us for our first lot of afternoon tea? **Carmen O***

*All Trails support while undertaking the Great Victorian Bike Ride was brilliant. The weather was wet and windy at times. All Trails helped keep me going by being so organised and helpful. They managed to keep me and my bike on the road. I could not have done it without them. I will definitely do the ride again because of them. **Emma (VIC)***

*Frank and I enjoyed the GVBR and really appreciated the support you provided to us. I thought we had booked an accommodation package but it was much more. The fact this was not the case gave me the confidence I could complete the ride as I had only started cycling this year and this was the first time I had participated on any cycling event. From day 1 it was great to know that we were going to be well supported by massages, good healthy food, cycling expertise and organisational skills. Thank-you again. **Jane B***

*Congratulations to all the AllTrails staff for handling such a big contingent of riders so well and still giving us individual attention: as usual we had a really enjoyable tour. Jumping into a dry bus and heading for a warm room surely beats camping after a cold, wet day in the saddle. The accommodation was superb and I know a lot is dependent on the size of the towns we go through but this year offered some excellent eating out too. The trip was seamless thanks to your attention to detail and 'can do,' attitude. A great group of people, indulgent afternoon teas and frequent massages whipped us into shape for the next day. Well done and many thanks. **Robyn & John***

*Thanks for the Great Alltrails experience. You all make our ride a pleasure [and] run the warmest and friendliest and comfort-ablest! package and make the ride a real treat for us. Count us in for next year. **Mike and Wendy***

*Thank you so much for the wonderful support you provided for the Great Vic Bike Ride. I love doing the ride and there is no way I could manage the camping option – so the motel option is terrific. But better than that is knowing your support and the support of your team is there whenever we need it. I really appreciated it. I would like to put my name down for the next Great Vic Bike Ride. **Joan C***

*Thank you for another great experience with the GVBR, and the excellent professional services you provide. It makes the whole thing so much more enjoyable and painless. Everything went smoothly, which is a credit to yourselves, your planning and active involvement. **Bruce R***

*Thank you so much for making our bike experience so wonderful. As you are aware, I enjoyed every minute of it and was so relieved to be with you and not under canvas. The motels were good, the breakfasts made life so easy and to have the mechanic and the massages each day were the icing on the cake. **Pat T***

*Thank you so much for your fantastic work on the tour. Your approach was professional, friendly and clearly illustrated a love for bike riding in all its many forms. Yes please can I sign up for next year. **Mary-Anne C***

*Please book me in for next year. Thank you for this year's ride it was your usual impeccable organization I really enjoyed the ride and look forward to next year with you all. **Joan G***

# Frequently Asked Questions & Helpful Information

## Travel insurance

You may get sick of us reminding you about travel insurance, but it is important and usually very good value – in particular for Australians travelling domestically. Travel Insurance is different to the insurance you get from being a member of a bicycle organisation. If you are investing in a tour like this, it is worth investing in some peace of mind for your payments.

## Support bus availability on the Great Vic

The event has official cycling support volunteers (WARBYS) and also SAG wagons / support vehicles if you need assistance on the day's route. AllTrails, and other contractor vehicles are not allowed on the Great Vic cycling route and must follow an alternate route between towns. AllTrails support will be there for you before and after the day's ride.

## Bike mechanical assistance provided

A staff member with good bike mechanical knowledge will be part of our crew and will have a stand pump for different valves. The mechanic will often be able to help you with a safety check, general tips and advice about your bike and its upkeep, as well as fixing mechanical problems. We will have limited parts available for replacement which will be charged at shop prices. Labour is free for the first fifteen minutes, there after costs may be incurred at the mechanic's discretion. Cyclists with rare or different bikes are asked to contact us at AllTrails as parts can often be very difficult to obtain.

## Accommodation on the support package

We try to obtain the best accommodation in the best location for you to rest your weary head (and legs) in each town whether it be a motel, hotel, resort, B&B, cabins or similar. We choose the best and most welcoming motel for cyclists and our tour group needs, usually 3-4 star, but that may depend on availability as we travel through some very small towns and villages where accommodation is extremely limited. We aim to get accommodation in same town as the main ride campsite, otherwise in the nearest town where accommodation is available. If for whatever reason, such as limited options, the accommodation one night is below normal standard, we strive to improve this with an extra good room the next night or nights following.

## Sharing rooms – how does it work

On the online entry form you can nominate any travelling companions who you would like to share a room with and/or be accommodated close to so that friends can be located near each other in accommodation where possible. If sharing a room, you can nominate a double bed or twin beds. If you are travelling alone like many of our riders, a Single Supplement price is available for those who would like their own room for the whole trip. On our Great Vic Package you can also choose to 'solo twin share' where solo riders are paired with other riders of the same gender. If you are a snorer, a very early riser, or have other habits that may affect your fellow roommates we ask that you book your own room at the Single Supplement price. If you are coming on your own and have booked in as twin share, this usually means that you will share a room with one other single twin share cyclist or sometimes a crew member, however in some cases we may have larger rooms (eg. two-bedroom apartment or a B&B/house with multiple bathrooms) where we may have 3 or more single twin share travellers together.

## Snorers can enjoy their own room

If you are a snorer, a very early riser, or have other habits that may affect your fellow roommates we suggest booking your own room (single supplement cost). This is not just a courtesy to your fellow travelling companions but will also give you the space and privacy you need to enjoy your sleep after a long day on the bike.

## Bike type – which is best

A comfortable road bike with a good seat and puncture-resistant road tyres, such as Continental Gatorskins. A hybrid is also possible if you are comfortable riding the daily distances at a reasonable speed, however these bikes can be slower than a road bike.

## E-bike charging

Some nights we are staying at accommodation in a different town to the campsite and cyclists will park their bikes for the evening in our bike compound at the campsite. If your e-bike has a removable battery, you can take the battery to your accommodation to recharge overnight. If your battery is NOT removable, you will need to purchase an e-bike charging service package through Bicycle Network so that you can charge your bike overnight at the campsite. Note that these can sell out, so make sure you book in advance.

## What sorts of people join our tours?

People from all parts of Australia and some overseas guests. Ages generally range from 35 – 75 with most in their 50's and 60's. Adventurous cyclists usually about 40% women & 60% men with a mix of singles, friends and couples.

## Packing tips

Strong, medium sized, bag/case with good handles weighing no more than 15kg. As everyone is living out of their luggage, please limit your outfits. If you bring a very heavy bag we may ask you to divide it into 2 lighter bags. For security, write your name clearly on all bags.



## Frequently asked Questions cont.

### Luggage transfer and day packs

We suggest you carry your own personal goods, like phone, wallet and rain gear if it's threatening. We carry your main luggage to your next motel each morning once you have departed. Our vehicles are not allowed on the event cycle route so you will not have access to your luggage during the day so you will need to take everything that you need for the day with you in the morning. Your luggage will be available to you once you check into your accommodation or shortly after.

### Luggage delivery

After breakfast, your luggage will be collected from your motel and delivered to your next allocated motel. It will usually be left in the foyer or safe storage area and this is usually where you will leave it again in the morning for collection. Day Sheets will have collection times stated for each day.

### Getting to your motel after the day's ride

Cyclists will be given 'Day Sheets' with specific maps, detailing where their overnight motel is situated and how best to ride there from the finish. In the case that your accommodation is not near the finish, you will leave your bike in our AllTrails compound which will be near the front gate of the campsite. We will take you to motel, bring you back for dinner at the campsite (if applicable) and return you to the motel for the night, then take you back to camp after breakfast to collect your bike for the ride the next morning.

### Bike security

If your accommodation isn't near the day's ride finish point, AllTrails will set up a compound with a large bike rack near the main entrance gate to the campsite where security guards are present all night and we cable lock and cover all bikes in our compound. We do however suggest you carry a lock as your bike is your responsibility and you may need to lock it up at other locations throughout the week.

### Massage therapist on the AllTrails package

The massage therapist is complimentary and will be available most afternoons. To be fair to everyone, we have limited the massage time to ten minutes for each person. It is not designed to provide a massage every day to every person. We ask that riders be fair and share this luxury around, allowing the late arrivals to get their fair share of massage time. In some towns where we are using three or four motels, the massage therapist will usually be at the motel where the most cyclists are accommodated – massage locations will be listed in your Day Sheets, sent out approx. 3-4 weeks prior to the ride. Massage bookings can only be made on the day after your arrival at the motel by writing your name in an available 10-minute time slot. We try to allow everyone around 3-4 massages during the week, sometimes more. Names will be ticked off, but please speak up if you are missing out.

### Training for the bike ride

The great thing about going on a mass ride such as this one is that there are many cyclists with a wide range of abilities and fitness levels. You can pretty much go at your own pace and enjoy the ride at your speed. Training and preparation notes are on the event website.

### Evening meals at the main ride campsite

You can choose to have your evening meal at the event campsite, your motel, a local restaurant, hotel or wherever suits you best. For those who want to eat at the event campsite, our bus will usually pick up motel cyclists around 6pm to take them to the campsite for dinner and return to motels usually at 8pm. Special times will be arranged for motels that may be further out – your Day Sheets will have specific information for each individual day. On occasions where we are hosting an AllTrails group dinner, we do not operate transfers back to camp.

### Changing or cancelling a tour

Should you wish to change your booking with AllTrails to a different tour, there will be a very reasonable service charge. We try to keep this figure as low as possible to allow flexibility where we can as we want to make sure that you get on the right tour for you. If you need to cancel your tour, a travel insurance policy will cover cancellation fees due to most unforeseen events. This is why we provide links to travel insurance options and highly recommend that you investigate and purchase travel insurance for all our rides (including Australian domestic tours) at the time of deposit and ensure that it includes coverage for a cancellation fees to the value of your ride with us plus any other extra costs such as flights and accom.

### Why book with us

We only run 10-15 bespoke tours per year. This makes every ride as special to us as it is to the riders, and we are just as excited to be there as you. Our tours are meticulously planned and on most occasions the owner-operators of the business will be on tour with you looking after everyone on the ride. The safety and confidence that comes with that is one of many great reasons to book your cycling holiday with us. AllTrails is a proud Australian owned company with a great reputation in the bicycle tour industry. We have earned that reputation through hard work and dedication and we sincerely care about every person on every tour. Our large community of loyal AllTrails riders that keep coming back year after year are testament to the high standard of tours that we provide.